

# CPD Activity

## Reflecting on valuable experiences

Australian  
Institute of  
**Company  
Directors**



### Introduction

This form is designed to help you undertake a reflective review of a directorship or governance scenario you have engaged in. If you wish to claim CPD points for your reflective review, please keep a personal record using this form. We may ask to cite this form if you are selected as part of our audit process.

### What is recognised?

Writing or recording, for individual purposes (or sharing with trusted peers), your reflections on any learnings/knowledge developed from your governance/directorship experiences as they align with the Company Directors Corporate Governance Framework™ (the Framework).

### Why was this an important scenario for you?

(Describe in 2-3 sentences)

### Outline any concerns you felt at the outset, or that arose during the process?

(Describe in 2-3 sentences)

## File for your records:

Please retain this form for your personal records. You can add your CPD points to your record by using the member portal of our website [aicd.com.au](http://aicd.com.au)

### How many units can I accrue for this activity?

You may accrue 10 CPD points per per reflective review completed.

**How was the scenario/experience approached and why?**

**How did this experience impact your thinking and/or approach to directorship/governance issues?**

**What learning or lessons might you be able to share with someone else (even one confidential connection) as a result of this experience? What guidance could you offer to someone potentially dealing with a similar challenge in the future?**

## CONFIDENTIALITY

Please do not disclose any personal or confidential information on this form.

Please contact us if you have any questions regarding CPD.

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For more information visit [aicd.com.au/cpd](http://aicd.com.au/cpd)